



Revelstoke Hospice Society

August 2011



Pals Pals Pals!

Many of you are aware of the Pals program that Revelstoke Hospice offers. For those of you who are not familiar Pals is a visitation program for seniors who live on their own or live in senior residential care facilities. Some of these seniors have no family that visit because of distance or other responsibilities. Revelstoke Hospice Society is offering free Pals training program, September 17, 2011. You must fill out a volunteer package. These packages can be picked up at Revelstoke Chamber of Commerce, Revelstoke Employment Center or Revelstoke Community Center. You can also email revhosp@telus.net. Volunteer packages must be submitted by September 5, 2011.

Summer reflections

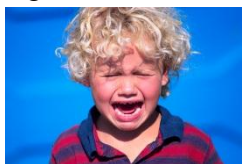
In June the volunteers and board members met and together at our annual summer get together. This was hosted at Sharon Kohlman's home. It was enjoyed by all. Food was great and it was wonderful to see so many volunteers and board members come together.



Thank you Sharon Kohlman!



The one sad point was the hockey game. ☹️ I am sure many of you (even non-hockey enthusiasts) will remember the fateful Canucks game. Yes at this get together the tv was on so that some of us hockey fans could keep up. But other than the game, we had a great time. I know I was sad as well. Oh well!



Always next year, right Phyllis? ;)

“Spiritual care lies at the heart of hospice. We will bring you hope not for tomorrow but for this day”

I don't know about you but I love trees. I went to Queen Elizabeth Park the other day and took some photos of our beloved tree that was planted October 18, 1997 by the Revelstoke Hospice. When I read the plaque it made me think about a few things. The plaque states:

“Spiritual care lies at the heart of hospice. We will bring you hope not for tomorrow but for this day”.

When I was looking this tree it made me think of the qualities that a tree has. It has roots to keep it from falling down. And the roots receive nutrients from the soil. The bark protects the soft part of the tree from the elements. I think these descriptions of trees are parallel to us as human beings. (just me thinking) We need to have a foundation to stand on or a belief that keeps us from falling down. Often this belief is what gives us nutrients for life. These are of course just my thoughts. I love that we visit this tree in December for our annual snowflake ceremony. During this ceremony we decorate the tree with names of loved ones that have passed on. I like to think that the “snowflakes” have turned to green leaves. And the memory of our loved one goes on.

I encourage you to visit this tree. And sure give it a hug.
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Whats happening?

Revelstoke Hospice Society
Volunteer & Board Member Calendar



RHS Board Meeting, Board Members
September 7, 2011 7pm Chamber of Commerce
Board Rm

RHS Volunteers & Board Members
September 12, 2011 1pm
Tour of Moberly Manor
Meet at the front door @ 1pm of Moberly Manor.
Come out and see what programs are offered to our seniors.

RHS Board Meeting, Board Members
October 5, 2011 7pm Chamber of Commerce
Board Rm

RHS Volunteers & Board Members
October 17, 2011 1.30pm
Tour of Mt. Cartier @ QVH
Don't miss this tour. Come and see this beautiful facility. Meet at the front door.

RHS Volunteers and Board Members
November 8, 2011 1pm
@ Chamber of Commerce Board Rm
DVD Presentation "Pioneers in Hospice"

RHS Board Meeting, Board Members
November 9, 2011 7pm
@ Chamber of Commerce Board Rm

RHS Volunteers & Board Members
November 22, 2011 1pm
@ Chamber of Commerce Board Rm
Prep for Snowflake Ceremony

RHS Volunteers & Board Members
December 4, 2011 1pm
@ Queen Elizabeth Park
Snowflake Ceremony

Do you recognize this? This is a beautiful quilt that was created and generously donated by the Revelstoke Quilters Guild a few years ago. The time and creativity is truly amazing. This particular one has a permanent home in the Palliative/Hospice Room at QVH. It gives the Palliative/Hospice room a warm touch. We would like to thank the Quilters group again for this.



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a legacy for the people

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