

# Revelstoke Hospice Society



## Upcoming Events:

- AGM Meeting-April 20<sup>th</sup> @7pm  
Community Centre
- May 1, 2011-Hike for Hospice  
*more details to follow.*



## Executive Director's Report

Happy Spring everyone! It has been a long winter and I am sure everyone would agree, bring on spring please!! This past winter and current spring our volunteers have been busy with clients in either the Pals program and the Hospice program. The services we provide are on going. The responses we hear from clients and families and also service providers is, we provide a very personal and much needed service. In our ever changing and often busy life, we can lose the personal touch that so many people are needing. I would think that especially when a person is terminally ill or is a senior with no family to visit or other circumstances, that our services are needed more now than ever. As always we provide excellent and professional care with our clients.

April 20<sup>th</sup> 7pm @ Revelstoke Community Center we will have our Annual General Meeting. I would encourage you to come out and take part in this important meeting. We will have snacks and a door prize! Cant have a meeting like this without food! Also come out to renew your membership. Membership is only \$20. You can show your support to the Revelstoke Hospice Society in many ways. One quick and easy way is membership. Membership has no obligations, other than wanting to support Revelstoke Hospice Society. So come out and meet our Board of Directors and Front Line Volunteers or just come out to find out more about what we do and who we are. We would love to meet you!!

All for now,  
Andree Rioux  
Executive Director Revelstoke Hospice Society

### Membership has its privileges

Did you know that the cost of Membership with the Revelstoke Hospice is only \$20 for the year? Why not become a member. There are no obligations to become a member. You will receive a newsletter and the bragging rights to tell your friends that you support what Revelstoke Hospice does! For more information contact Andree @ revhosp@telus.net






Revelstoke Hospice Society  
AGM  
April 20<sup>th</sup> 2011  
7pm

Revelstoke Community Centre

Refreshments and door prizes!

Come out also to renew your membership






**COME HIKE WITH US!**

**Sunday, May 1, 2011**

100% of all funds raised in our community stay in our community

*"It takes a community to provide care at the end of someone's life. It's time to ask ourselves: How can I help? Let's share the care."*


  
 Peter Mansbridge,  
 Honorary Chair of the National Hospice Palliative Care Week and Hike for Hospice Palliative Care

[www.hikeforhospice.com](http://www.hikeforhospice.com)  
 National Information line: 1-877-203-4636  
 Hospice Palliative Care - helps to relieve suffering and improve the quality of living and dying.

**National Hospice Palliative Care Week**  
**May 1-7, 2011**

### **Hike For Hospice Palliative Care May 1<sup>st</sup> 2011**

This is an annual event that happens every first Sunday of May throughout Canada. This year the Honorary Chair Person is the very famous CBC The National news personality Peter Mansbridge. From the information I have read he lost his mother a few years ago and speaks very highly of the hospice/palliative care that was given to his mother in her final days.

This event is not only a fundraiser but most importantly it is an awareness and educational opportunity for individuals and communities to know what exactly is Hospice/Palliative Care. Last year RHS partnered with the great folks at the Revelstoke Museum and Archives. There was a walking tour with Cathy English, giving a tour of lower town. It was a success and we felt we will again partner with the Revelstoke Museum. More details to follow. Hopefully there will be no snow for this! But we are Revelstokians, water off a ducks back right everyone! Look forward to walking with you all!



### *Did you know?*

- Canada's population is aging. As a result, the Canadian Hospice Palliative Care Association (CHPCA) estimates that over the next 40 years demand for hospice palliative care services will continue to increase.
- The CHPCA estimates that each death in Canada affects the immediate well being of an average of five other people, or more than 1.25 million Canadians each year.
- Hospice palliative care programs allow patients to gain more control over their lives, manage pain and symptoms more effectively, and provides support to family and informal caregivers.
- By 2031, the number of older seniors (persons aged 80 years and over) will then account for between 6.1 % and 6.5 % of the total Canadian population

• *Information from: CHPCA Fact Sheet – Hospice Palliative Care in Canada October 2010*

*"There are only four kinds of people in this world: those who have been caregivers; those who currently are caregivers; those who will be caregivers and those who will need caregivers."*

**Rosalynn Carter, former First Lady**

[www.revelstokehospicesociety.com](http://www.revelstokehospicesociety.com)